

PSHE



Curriculum End Points

Year Two

Topic: Family and Relationships

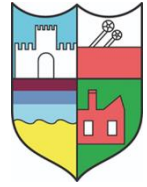
- Understand that families offer love and support and that different families may be made up of different people.
- Consider what friends may be thinking and feeling in different situations.
- Recognise some issues that may occur in friendships and which of these may need adult help to resolve.
- Understand that expectations of manners may change according to the situation.
- Know that remembering people who were important to them but are no longer here can cause a mixture of emotions.
- Explain what gender stereotypes are in relation to careers.

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Key Vocabulary

Year Two

Topic: Family and Relationships



- friendship
- love
- manners
- feelings
- emotions
- family
- stereotype
- respect

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Curriculum End Points

Year Two

Topic: Health and Wellbeing

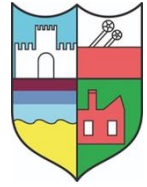
- Use multiple colours in a diagram to show how they can feel more than one emotion at a time and describe how they would feel in a particular situation.
- Understand the effect of physical activity on their body and mind and describe which activities they enjoy.
- Describe the positive effects of relaxation and know there are different ways to relax including using breathing exercises.
- Recognise and describe what they are good at and what skills they would like to develop.
- Create a complete ladder detailing achievable steps which work towards a goal.
- Explain what a growth mindset is and use these strategies during trick challenges.
- Explain that a healthy diet is when we eat a balance of the right foods, describing some consequences that may arise from poor diet choices, using the food pyramid.
- Understand what helps to keep teeth healthy.

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Key Vocabulary

Year Two

Topic: Health and Wellbeing



- diet
- exercise
- goal
- growth mindset
- healthy
- physical activity
- relaxation
- skill
- strengths

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Curriculum End Points

Year Two

Topic: Safety and the changing body



- Understand how the internet can be used to help us.
- Create a poster with clear information about how to remain safe online and what to do if something online makes them feel uncomfortable.
- Understand what a secret is and what a surprise is.
- Know the name of parts of the body, including those of the private parts for their gender.
- Explain the PANTS rule.
- Understand how to keep safe near roads.
- Explain the rules for crossing the road.
- Understand when we should take medicines that can help us feel better when we are unwell.

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Vocabulary

Year Two

Topic: Safety and the changing body



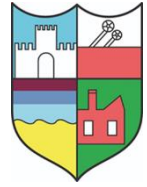
- medicine
- pedestrian
- private
- secret
- surprise
- penis
- vagina

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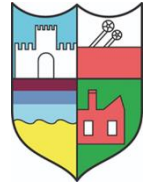
Curriculum End Points

Year Two

Topic: Citizenship



- Recognise that different rules apply in different situations.
- Explain what makes a good school environment.
- Recognise that everyone in school has a responsibility to maintain the school environment.
- Identify some jobs that people do to keep the local area pleasant.
- Recognise some local job roles that help the community.
- Recognise similarities and difference between people in the local community.
- Explain that differences should be respected.
- Explain how the school council works.
- Share their opinions on things that matter.



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Vocabulary

Year Two

Topic: Citizenship

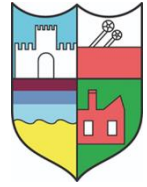
- election
- environment
- identity
- job
- opinion
- rule
- school council
- volunteer
- vote

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Curriculum End Points

Year Two

Topic: Economic Wellbeing



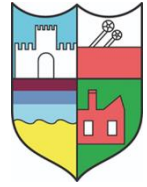
- Explain where adults get money from.
- Explain the difference between wants and needs.
- Recognise that saving might be necessary to buy the things we want.
- Explain that banks are a safe place to keep money.
- Consider different factors when choosing a bank account.
- Recognise that different jobs require different skills.

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Key Vocabulary

Year Two

Topic: Economic Wellbeing



- bank account
- debit card
- diversity
- electronic
- equality
- prioritise
- skill
- survive
- transaction
- wages
- want
- withdraw