

PSHE



Curriculum End Points

Year Six

Topic: Family and Relationships

- Understand that everyone can expect a level of respect but this can be lost.
- Understand what respect is and how they should be respected.
- Understand how stereotypes influence our ideas and opinions.
- Understand a range of stereotypes and share this information effectively.
- Create a resolution guide that includes strategies to manage conflicts and describes situations where conflict is likely to arise.
- Understand the term grief and describe some of the associated emotions.



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Vocabulary

Year Six

Topic: Family and Relationships

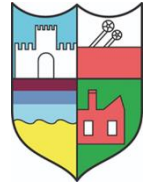
- authority
- conflict
- earn
- expectation
- grief
- grieving
- resolve
- respect
- stereotype

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Curriculum End Points

Year Six

Topic: Health and Wellbeing



- Describe qualities or values they want to develop and create achievable goals.
- Describe the importance of relaxation and suggest different strategies.
- Describe how they take care of their physical wellbeing.
- Understand that technology can have an impact on physical and mental health and know some strategies they can use to overcome this.
- Describe what resilience is, why it is important and some useful resilience strategies.
- Understand how vaccination works and why it is important to individuals.
- Understand that habits can be good or bad for health.
- Understand that changes in their body could indicate illness and know what to do if they notice them.



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Vocabulary

Year Six

Topic: Health and Wellbeing

- antibodies
- growth mindset
- habit
- qualities
- responsibility
- skill
- vaccination

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Curriculum End Points

Year Six

Topic: Safety and the changing body



- Understand some of the reasons adults decide to drink or not drink alcohol.
- Understand some ways to check that a news story is real.
- Understand how they should behave online and the impact negativity can have.
- Understand of changes that take place during puberty.
- Understand the menstrual cycle and that a male and a female are needed to conceive a baby.
- Understand that a baby changes in the womb and some of the baby's requirements during the first months of life.
- Recognise when someone is choking; administer first aid to a casualty that is choking; and seek medical help if required for a choking casualty.
- Conduct a primary survey; place a casualty who is unresponsive and breathing normally into the recovery position; and identify when it is necessary for CPR to be given.

# PSHE

## Vocabulary

### Year Six

#### Topic: Safety and the changing body



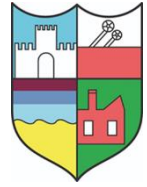
- bladder
- breasts
- bleeding
- cervix
- choice
- decision
- egg/ovum
- ejaculation
- erection
- fallopian tube
- genitals
- head injury
- labia
- menstruation/period
- ovary/ovaries
- peer pressure
- penis
- puberty
- testicles
- uterus/womb
- vagina
- vulva

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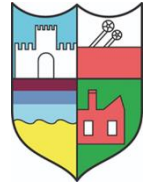
## Curriculum End Points

### Year Six

#### Topic: Citizenship



- Understand that education is a human right and why education is important.
- Understand some environmental issues relating to food and food production.
- Understand the importance of caring for others and that we all have a responsibility to care for things and people around us.
- Understand what prejudice and discrimination are and why and how they should be challenged.
- Understand the value of diversity in society, including significant individuals. Understand the roles and responsibilities of people in government



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Vocabulary

Year Six

Topic: Citizenship

- authority
- conflict
- earn
- expectation
- grief
- grieving
- protected characteristics
- resolve
- respect
- stereotype

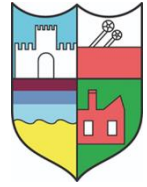


# PSHE

## Curriculum End Points

### Year Six

#### Topic: Economic Wellbeing



- Understand that there can be a range of feelings related to money and the desire to spend and save.
- Understand their responsibilities in keeping money safe in the bank.
- Understand what gambling is and some risks associated with it.
- Understand that there are a range of jobs that people can do, what some of these jobs are and what is required for some jobs.
- Understand that there are different routes into careers.



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Vocabulary

Year Six

Topic: Economic Wellbeing

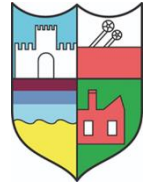
- earnings
- educational requirements
- expenses
- gambling
- responsibilities
- risks
- safeguard
- university
- valuables
- workplace

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Curriculum End Points

Year Six

Topic: Identity



- Understand the factors which make up identity.
- Understand that images can be manipulated by the professional media but also by individuals and that they are not realistic.

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Vocabulary

Year Six

Topic: Identity



- Change
- Identity
- Images
- Manipulation
- Media