

Ellington Primary School



6th February 2023 RSE (Relationships and Sex Education) PSHE lessons at Ellington Primary School.

Dear Parent/Carer,

As a part of your child's education at Ellington Primary School we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

Students in all year groups will cover the PSHE curriculum over these 5 core themes:

- Family and Relationships
- Health and Wellbeing
- Safety and the changing body
- Citizenship
- Economic wellbeing

Please find a summary of the coverage in each year group. This curriculum has been developed in line with the new Statutory Guidance on the teaching of RSE, which can be accessed <u>here</u>. As the content covered in these lessons can be sensitive and lead to further conversations outside of school, we wanted to give you an opportunity to view the content of each year group' units of work which you can find <u>here</u>.

To view the objectives due to be covered in each year group's lessons this term, please click <u>here</u>.

To read additional information on how to support your child from the Department for Education, please click here for KS1 and <u>here</u> for KS2.

For resources to support your child with their learning around Puberty, Sexual Relationships and Healthy Relationships, please click <u>here</u>.

We greatly appreciate your support with your child's learning around these topics. It is our view that the more cohesive the support between home and school can be for our students, the more confident and knowledgeable, regarding these topics they will become.

If you would like further information concerning PSHE and RSE please look on our <u>school</u> <u>website</u>, alternatively you can discuss further information with Mr Hodgson, your child's class teacher or myself.

Yours sincerely,

Mrs S Horsley, PSHE Lead

Headteacher: Mr K Hodgson

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