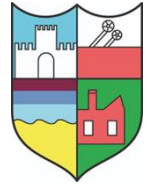


# PSHE

## Curriculum End Points

### Year Three

#### Topic: Family and Relationships



- Understand that families are all different.
- Know that families offer each other support but sometimes they can experience problems.
- Understand that problems occur in friendships and that violence is never right.
- Understand what bullying is and what to do if it happens.
- Describe what a good listener is and know how to show that they are listening.
- Say who they trust and why.
- Understand that people can have similarities and differences and explain how differences can be a positive thing.
- Understand how toys can reinforce gender stereotypes.
- Understand that stereotypes arise from a range of factors, including some of those associated with age.

PSHE

Vocabulary

Year Three

Topic: Family and Relationships



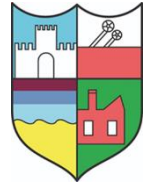
- bullying
- communicate
- empathy
- open questions
- similar
- solve
- stereotype
- sympathy
- trust

# PSHE

## Curriculum End Points

### Year Three

#### Topic: Health and Wellbeing



- Create a healthy diary, where energetic activities and high-energy food are scheduled for the same day.
- Work in pairs so that one person can do a stretch while the other draws a stick figure to show the pose.
- Understand the different aspects of my identity.
- Identify their own strengths and that they can help other people.
- Describe how they would break a problem down into small, achievable goals.
- Understand the benefits of healthy eating and dental health.



PSHE

Vocabulary

Year Three

Topic: Health and Wellbeing

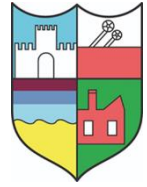
- alone
- balance
- barriers
- belonging
- identity
- lonely
- resilience

# PSHE

## Curriculum End Points

### Year Three

#### Topic: Safety and the changing body



- Show an understanding that they must consider their own safety before helping others in an emergency situation.
- Understand how to help someone who has been bitten or stung.
- Write an email with instructions written using positive language.
- Create a decision tree showing how to deal with unkind online behaviour and cyberbullying.
- Send an email that describes some of the best ways to avoid being tricked by fake emails.



PSHE

Vocabulary

Year Three

Topic: Safety and the changing body

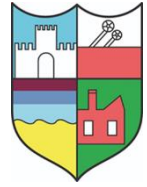
- allergic
- anaphylaxis
- bullying
- casualty
- choice
- cyberbullying
- decision
- distraction
- fake
- influence
- injuries

# PSHE

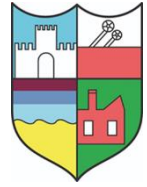
## Curriculum End Points

### Year Three

#### Topic: Citizenship



- Explain that children have rights and how these benefit them.
- Explain the responsibilities adults have for supporting children's rights.
- Discuss the benefits of recycling.
- Recognise some of the different groups within the local community and how they use local buildings.
- Explain how charities support the local community.
- Describe how democracy works locally and how this affects us.
- Recognise the need for rules and the consequences of breaking rules.



PSHE

Vocabulary

Year Three

Topic: Citizenship

- charity
- community
- consequence
- council
- councillor
- law
- recycling
- rights
- United Nations (UN)

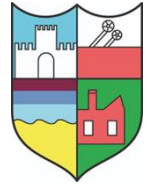


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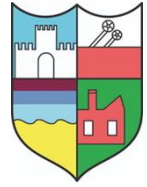
Curriculum End Points

Year Three

Topic: Economic Wellbeing



- Recognise some different ways to pay for items.
- Explain that money is needed when paying for items using a cheque, bank transfer or card.
- Create a simple budget.
- Explain how situations involving money can affect our feelings.
- Understand that a range of things might influence our spending choices.
- Recognise that there is a wide range of jobs available and that personal skills and interests affect career choices.
- Understand that stereotypes sometimes exist about the jobs people do.



PSHE

Vocabulary

Year Three

Topic: Economic Wellbeing

- account
- assumption
- budget
- career
- continuum
- digital trade
- fair trade
- feeling
- profession
- stereotype