



ADELLE HICKS & ROBYN ROBINSON

**We are Autism Family Support Workers that are a part of the Autism Support Team within HINT at Northumberland County Council.**

**We run our Autism Family Drop in sessions across all of Northumberland. Each session is free, two hours long and is a chance to come along to meet us and other parents for an informal chat over a cuppa. There is no set agenda for the drop ins. It is a chance to seek support and advice from us and other parents, however there is no expectation to talk about your child if you don't want to. Any parent/carer or family members are welcome to attend any session, you do not need to attend the session in the area that you live in. The sessions are not for professionals.**

### FAQ

**Do I need to book?**

**No, just turn up on the day.**

**Do I need to stay for the two hours?**

**No, you can drop in at any time that is convenient for you.**

**Can I bring my child with me?**

**We normally advise parents/carers not to bring their children if they can, as this allows you to speak freely. However, if childcare is preventing you from attending then please bring them along. Please be aware that other parents may want to discuss sensitive topics.**

**What happens if I can't attend?**

**We try and alternate days and times of the drop ins at each location so hopefully the next session will be more convenient for you. Unfortunately, we are unable to offer advice via email or telephone due to our capacity. However, please bring any questions or queries along to the drop in session. We look forward to seeing you!**

**If you have any questions, please contact your local Family Hub or email us at: [robyn.robinson@northumberland.gov.uk](mailto:robyn.robinson@northumberland.gov.uk) or [adelle.hicks@northumberland.gov.uk](mailto:adelle.hicks@northumberland.gov.uk)**