



Local Community Information – Public Health England for Northumberland

Area profiles	Geography Northumberlar Counties & UAs ir							Topic Behavioural risk factors		
Legend Benchmark More options						Geog	graphy v	ersion Counties & UAs (pre Apr 20)19) 🗸	
							С	IPFA nearest neighbours to Northun	nberland	
		Northum'land		nd	Region England		England			
Indicator	Period	Recent Trend	Count	Value	Value	Value	Worst	Range	Best	
ife expectancy and causes of death										
ife expectancy at birth (Male, 3 year range)	2018 - 20	-	-	79.3	77.6	79.4	74.1	Ó	84.	
ife expectancy at birth (Male, 1 year range)	2020	-	-	79.3	76.9	78.7	73.6		83.	
ife expectancy at birth (Female, 3 year range)	2018 - 20	-	-	82.9	81.5	83.1	79.0		87.	
ife expectancy at birth (Female, 1 year range)	2020	-	-	82.9	80.9	82.6	78.0		87.8	
Inder 75 mortality rate from all causes (3 year range)	2018 - 20	-	3,493	330.0		336.5	570.7	\mathbf{P}	221.0	
Inder 75 mortality rate from all causes (1 year range) Inder 75 mortality rate from all cardiovascular diseases	2020	+	1,169	325.6		358.5	622.8		205.8	
ear range) Jnder 75 mortality rate from all cardiovascular diseases	2017 - 19	-	750 253	69.9 69.6	82.1 83.9	70.4	121.6 137.1	Q	43.6	
ear range)		-								
Inder 75 mortality rate from cancer (3 year range) Inder 75 mortality rate from cancer (1 year range)	2017 - 19 2020	-	1,351 426	125.0 114.2	149.0 144.0	129.2 125.1	182.4 187.1		87.4 69 (
Suicide rate	2020	-	420	114.2	13.0	125.1	19.8		4 8	
njuries and ill health	2010 21			11.0	10.0	10.4	10.0			
(illed and seriously injured (KSI) casualties on England	's									
Oads New data	2021	+		87.8	83.4*	95.6*	469.8	Q	31.3	
Emergency Hospital Admissions for Intentional Self-Har		†	1,155			181.2	471.7		41.5	
Hip fractures in people aged 65 and over Percentage of cancers diagnosed at stages 1 and 2	2020/21	+	435	553	596	529	723		31	
New data	2020	+	752	50.4%	50.8%	52.3%	43.7%	\bigcirc	60.2%	
stimated diabetes diagnosis rate	2018	-	-	82.9%	82.5%	78.0%	54.3%	\bigcirc	97.5%	
stimated dementia diagnosis rate (aged 65 and over) > 66.7% (significantly) similar to 66.7% < 66.7%	2022		3,080	60.0%	66.6%	62.0%	50.3%		82.4%	
Behavioural risk factors Admission episodes for alcohol-specific conditions - Ur 18s	20/21	-	110	62.2	2 52.0	29.3	83.8		7.	
Admission episodes for alcohol-related conditions (Nar New method. This indicator uses a new set of attributa fractions, and so differ from that originally published. Smoking Prevalence in adults (18+) - current smokers		t	2,421	719	650	456	805		25	
(APS)	2021	-	-	11.8%	14.8%	13.0%	22.0%		6.6	
Percentage of physically active adults	2020/21	-	-	70.1%	63.5%	65.9%	48.8%		76.5	
Percentage of adults (aged 18+) classified as overweig	int or 2020/21									
	2020/21	-	-	65.9%	69.7%	63.5%	76.3%		44.0	
obese	2020/21	-	-	65.9%	69.7%	63.5%	76.3%		44.0	
obese Child health	2020/21	-	- 65							
obese Child health Under 18s conception rate / 1,000		- +	- 65 257	13.5	i 18.6				2.	
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Outcome:

Self-harm is increasing and getting worse

The use of alcohol in Northumberland is increasing and getting worse – education needed on the harm of alcohol use

Under 16-conception rate is slightly above national average - important to educate children on conception and pregnancy

Jobs and low-income families – well above the national average so it is important that at Ellington we educate our children on careers, economics and the importance of having a job – opportunities.

Using this data to inform our curriculum for children at Ellington Primary School:

How we are helping educate children about substances

Year 1 – Spring term: Safety with substances

Year 2 – Spring term – Staying safe with medicine

Year 4 – Spring term – Tabaco

Year 5 – spring term – Alcohol, drugs and tobacco: Making decisions

Year 6 – Spring term – Alcohol

How we are educating our children about jobs and money

Year 1 – Summer term: Introduction to money

Looking after money

Introduction to banks and building societies

Saving and spending

Jobs in schools.

Year 2 – Autumn term: Gender stereotyping – jobs and careers

Summer term: Jobs in our local community

Where money comes from

Needs and wants (2 lessons)

Looking after money

Jobs

Year 3 – Summer term: Ways of paying

Budgeting





How spending affects others

Impact of spending

Jobs and careers

Genders and careers

Year 4 – Summer term: Local councillors

Spending choices

Keeping track of money

Looking after money

Influence on career choice

Changing jobs

Year 5 – Summer term: Borrowing

Income and expenditure

Risks with money

Prioritising spending

Year 6 – Summer term: Attitudes to money

Keeping money safe

Gambling

What jobs are available?

Careers route

In addition to this we have a career focus during each term where we get visitors to visit and talk about their jobs and how they are helping society.

We also have planned careers days in school throughout the year.

Educating our children on the importance of healthy eating and exercising

Year 2 – Autumn term: Being active

Healthy diet (this also links to Science coverage, eat well and content of

sugar etc. in food)

Year 3 – Autumn term: My healthy diary

Diet and dental health

Year 5 – Autumn term: Relaxation: Yoga

The importance of rest





Spring term: Healthy Meals

Year 6 – Autumn term: Taking responsibility for my health

The impact of technology on health

Spring term: Physical health concerns

Summer term: Food choices and the environment

Educating our children to help prevent teenage pregnancy

Year 1: Spring term: Appropriate contact Year 2: Spring term: Appropriate contact: Private parts (2 lessons) Year 4: Spring term: Privacy and secrecy Growing up Introduction to puberty Year 5: Summer term: Puberty Menstruation Emotional changes in puberty Year 6: Summer term: Physical and emotional changes in puberty Conception (Parents have with right to withdraw)

Pregnancy and Birth (Parents have with right to withdraw)

Crime prevention:

- Year 1: Spring/summer term Rules
- Year 2: Spring/Summer term Rules beyond school

Year 3: Spring/Summer term- Keeping safe out and about

Rights and responsibilities

Local democracy

Rules

Year 5: Summer term – Breaking the law

Rights and responsibilities

Year 6: Summer term - National democracy



