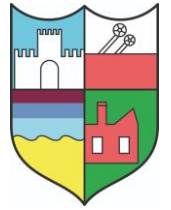




# Ellington Primary School



9<sup>th</sup> January 2024

## Relationship and Sex Education Curriculum

Dear Parents/Carers,

As part of your child's education at Ellington Primary School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, during Spring Term, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. PSHE and RSE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website for more detail about our PSHE and RSE curriculum.

All RSE teaching will take place in a safe learning environment and is underpinned by our school ethos and values. Class teachers will be delivering the programme with the support of teaching assistants. Children will be offered plenty of opportunity to discuss issues and ask questions.

Our PSHE and RSE curriculum is delivered through the use of Kapow Primary, which offers a range of lesson plans and resources including short films and activities that promote discussion, thinking and developing understanding. The films are all in cartoon form and take a simple, child friendly approach to the material being delivered.

These resources also link with the NSPCC's 'Talk PANTS' which helps children understand that their body belongs to them, and they should tell someone they trust if anything makes them feel upset or worried. You can find out more and download the free resources at [www.nspcc.org.uk/pants](http://www.nspcc.org.uk/pants).

Please read the information overleaf detailing what RSE will be taught in each year group. Please also visit our [school website](#) to find:

- a parents and carers guide to RSE, including the right to withdraw
- our updated policy

If you have any concerns, would like to ask any questions or have any feedback regarding our policy, please do not hesitate to get in touch, either with myself, or your child's class teacher.

Yours sincerely,  
Mrs Horsley, PSHE and RSE Lead

Headteacher: Mr K Hodgson

Warkworth Drive, Ellington, Morpeth, Northumberland, NE61 5HL

Telephone: 01670 860769

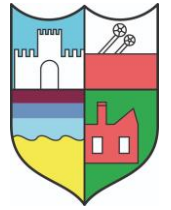
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# Ellington Primary School



## What is taught in RSE in each year group:

### RSE Curriculum in EYFS:

- I can make observations of animals and plants and explain why some things occur, and talk about changes.
- I know about similarities between myself and others, and among families, communities and traditions.
- I can talk about past and present events in my own life and in the lives of family members.
- I show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.

### RSE Curriculum in Yr1:

- I know the correct names of body parts in line with the statutory Science curriculum.
- I understand what helps people to get on with each other
- I can describe how people change as they get older
- I understand that I will change as I grow up
- I can explain how I care for myself and how others help to care for me
- I can explore different families.
- I can talk about ways of keeping myself safe, including online

### RSE Curriculum in Yr2:

- I know the correct names of body parts in line with the statutory Science curriculum.
- I understand that some parts of the body are private.
- I can describe how I will change as I grow up.
- I can describe how I care for myself and how others help to care for me,
- I can explore different families.
- I can talk about ways of keeping myself safe, including online
- I understand what is meant by a stereotype.

### RSE Curriculum in Yr3:

- I know the correct names of body parts in line with the statutory Science curriculum.
- I can identify ways in which boys and girls are similar and different
- I can describe a number of ways I have changed since I was a baby
- I understand that some parts of my body are private and should not be touched without my permission
- I can talk about ways of keeping myself safe, including online
- I understand what is meant by gender stereotyping.

Headteacher: Mr K Hodgson

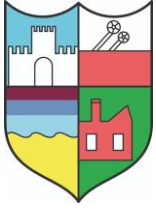
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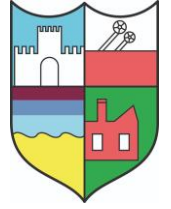
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# Ellington Primary School



## RSE Curriculum in Yr4:

- I understand that change is part of growing up
- I can describe the physical differences between children and adults.
- I can explain some ways of dealing with the feelings that sometimes arise from changes
- I can talk about ways of keeping myself safe, including online
- I understand that some parts of my body are private and should not be touched without my permission
- I understand families can take on many different forms

## RSE Curriculum in Yr5:

- I can describe the physical changes that happen during puberty
- I can explain the menstrual cycle
- I can describe the emotional changes during puberty
- I understand that my body may change at a different rate to those of my friends & I know that I am likely to experience mood swings during puberty.
- I can explain why washing is important and I know what I need to do to keep clean.
- I can talk about ways of keeping myself safe, including online

## RSE Curriculum in Yr6:

- I can describe the changes that take place during puberty
- I can explain what menstruation is.
- I can explain the biology of conception (Right to withdraw from this lesson)
- I can explain the development of a baby during pregnancy (Right to withdraw from this lesson)
- I can explain how to keep myself clean and that certain parts of the body need careful washing during puberty.
- I can describe what is meant by a range of terms relating to friendships and relationships and I can describe what I need to do to maintain a friendship.
- I can describe the characteristics of healthy family life and that families can look different
- I understand that marriage is a formal and legal commitment which is intended to be life-long
- I understand that family relationships can change.
- I can talk about ways of keeping myself safe, including online

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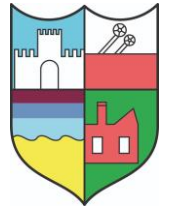
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# Ellington Primary School



Parents of Year 6 Children:

## Will my child have to take part?

All the content outlined above is statutory and therefore all children should be taught it. As with any other subject teachers will ensure that the lesson is taught in a way which means children of all abilities will learn. The government is very clear that they want children with special educational needs (SEN) to be included in these lessons.

As a parent you do **not** have the right to withdraw your child from any of the statutory content on either relationships or health. You only have the right to withdraw your child from the sex education content that we choose to teach, apart from National Curriculum Science, these lesson objectives are outlined above.

It is recommended that you talk to your child's school about this before making a decision.

Parents and carers are sometimes concerned about the conversation's children may have in RSE lessons, but teachers have lots of ways to make sure children are safe in these lessons. For example, they will have ground rules to make sure children feel confident to share their ideas, they will use things like puppets and stories, so children are discussing a made-up characters' experiences rather than their own. They also know the children in their class well and will have a sense of their needs and what they teach will be age appropriate. It is important to balance what children know already and to prepare them for the future.

Discussing issues in the safe learning environment of the classroom before they experience them in real life is very valuable for children.

We will be very happy to share more information with you on how they approach these topics.

If you wish to withdraw your child from the lessons stated above then please fill out one of these forms. Hard copies of the forms can be collected from Mrs Dyer in the school office.

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