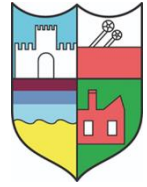


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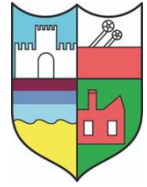
Curriculum End Points

Year Five

Topic: Family and Relationships



- Describe what qualities a good friend should have and recognise which of these they have and which they could develop.
- Recognise that friendships have ups and downs and this is normal.
- Understand what marriage is and know that it is a choice people make.
- Understand that we all have a range of attributes that make us who we are and we should be proud of these.
- Understand that sometimes families can make children feel unhappy or unsafe.
- Understand why someone might bully others.
- Understand that attitudes and laws around gender equality have changed over time.
- Understand that stereotypes exist and these can lead to discrimination.



PSHE

Vocabulary

Year Five

Topic: Family and Relationships

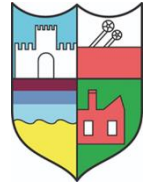
- attributes
- bullying
- bystander
- cyberbullying
- marriage
- secret
- wedding

PSHE

Curriculum End Points

Year Five

Topic: Health and Wellbeing



- Perform some yoga poses, following the instructions from a video, and describe how yoga makes them feel.
- Describe how they can get a good night's sleep and explain why this is important.
- Describe why they should embrace failure.
- Describe a strategy to help manage feelings of failure and to help them to persevere.
- Set themselves goals and consider how they will achieve them.
- Describe a range of feelings and suggest two ways of dealing with a difficult situation.
- Demonstrate an understanding of what calories are and how to use them to help plan healthy meals.
- Recognise the food groups and acknowledge that having a variety of food is important for having a balanced and healthy diet.
- Understand how to keep safe in the sun and some of the risks, now and in the future, if they don't.



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Vocabulary

Year Five

Topic: Health and Wellbeing

- fail
- goal
- protect
- relaxation
- responsibility
- steps

PSHE

Curriculum End Points

Year Five

Topic: Safety and the changing body



- Understand what is safe to share online and what to do before sending a message.
- Identify possible dangers online, suggesting ways to stay safe, using the web to research relevant information.
- Accurately name all the relevant parts of the body.
- Understand the changes their own gender will go through during puberty.
- List the range of changes they will go through during puberty.
- Assess a casualty's condition; calmly, comfort and reassure a casualty who is bleeding; and seek medical help if required.
- Understand that other people can influence our decisions but we have the right to make our own choices.



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Vocabulary

Year Five

Topic: Safety and the changing body

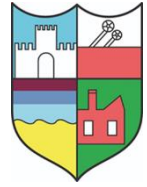
- bladder
- breasts
- bleeding
- cervix
- egg/ovum
- fallopian tube
- head injury
- influence
- labia
- menstruation/period
- nipples
- ovary/ovaries
- penis
- puberty
- testicles
- uterus/womb
- vagina
- vulva

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Curriculum End Points

Year Five

Topic: Citizenship



- Understand what happens when someone breaks the law.
- Understand what rights are and that freedom of expression is one of these rights.
- Understand how reducing the use of materials and energy helps the environment, and what individuals can do to support this.
- Understand how people contribute to society and how this is recognised.
- Understand the role of pressure groups.
- Understand the basics of how parliament works including the parts of parliament.

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Vocabulary

Year Five

Topic: Citizenship



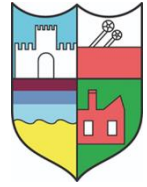
- defendant
- environment
- freedom of expression
- government
- House of Commons
- human rights
- judge
- jury
- Member of Parliament (MP)
- parliament
- pressure group
- Prime Minister
- trial

PSHE

Curriculum End Points

Year Five

Topic: Economic Wellbeing



- Understand that borrowing money is a way to pay for something but this has to be repaid.
- Understand what income and expenditure are and how these can be recorded.
- Understand that there are risks associated with money and what some of these are.
- Understand how to create a weekly budget, including prioritising needs over wants.
- Understand that stereotypes can exist in the workplace and how these can affect people.



PSHE

Vocabulary

Year Five

Topic: Economic Wellbeing

- allocate
- borrow
- commitment
- expenditure
- impact
- income
- loan
- prioritise
- repayment
- risk