



What offside means and where they need to stand depending on whether they are attacking or defending. The attackers need to remain behind the ball carrier. The defenders must stand at least 1m in front of the ball carrier once they have been tagged.

Why the ball carrier need to move forwards when running with the ball. The ball carrier needs to run forwards in order to create space and attacking opportunities.

How to tag correctly. We tag the take from attacker carrying the ball. Stop and stand still. Hold the tag in the air and shout, "tag." We give the tag back to the attacker (in a game situation this happens once the ball has been passed), before returning to the game.

How to use our hands to prevent the attackers from passing the ball.

What the consequences could be in a game if we do not run and avoid the defender.

What the word 'defender' means and what this means when playing a game. We are considered a 'defender' when we are not in possession of the ball or we are trying to tag an attacker.

